

gym/group fitness

Anytime Membership	£31/month OR £310/annum
Joint Membership.....	£27/month OR £270/annum
Off Peak Membership.....	£25/month OR £250/annum
Pay As You Go Induction	£10
Pay As You Go Gym	£4 per visit
Pay As You Go Group Fitness	£3 per class

- All pay as you go memberships are available to non-members.
- * **Season Ticket Holders, Students and persons over 60 years will receive a 10% discount off the Anytime Membership category.**
- Annual Membership can be purchased in 6 or 12 month blocks.
- Standing Order Memberships are purchased on an ongoing basis with a minimum 4 month membership period.
- All gym users must complete an induction session with an instructor before being eligible to use the gym unsupervised.


sports hall

Single Pitch Hire – Off Peak	£25 per hour
Single Pitch Hire – Peak	£35 per hour
Multiple Booking – Peak (10 sessions min).....	£30 per hour
Badminton Court Hire.....	£7 per hour

turfmoor
leisurecentre
 BurnleyFootballClub
 call 0870 420 3969

Burnley FC Community Sports Trust is a registered charity. We deliver sporting, physical activity sessions and a variety of other projects both in the community and at Turf Moor Leisure Centre. We rely on sponsorship, grants, donations, partnership working and the generosity of your custom to continue our community work. All surpluses are re-invested into community projects in East Lancashire, helping to make our community a better place.

together...

at turfmoor
leisurecentre
 BurnleyFootballClub



spring - summer

timetable

group fitness classes spring/summer 2010

monday

- 9am – 10.30amBadminton
- 9.15am – 9.55amLegs Bums and Tums
- 10am – 10.30amSpinning
- 10.30am – 11.15amBodyPump®
- 6.15pm – 7pmSpinning
- 6pm – 7pmRunning Club
- 7pm – 8pmBodyPump®

tuesday

- 10am – 11amShape and Sculpt (new!)
- 12.15pm – 1pmLunchtime Running Club
- 6pm – 7pmBodyStep®
- 7pm – 8pmBodyBalance®
- 7pm – 8pmMixed Boxing Circuit (new!)

wednesday

- 9am – 10.30amBadminton
- 9.15am – 9.55amLegs Bums and Tums
- 10am – 10.30amSpinning
- 10.30am – 11.15amBodyPump® Challenge
- 6.15pm – 6.45pmAb Blast
- 7pm – 7.45pmSpinning
- 7.10pm – 8.10pmBodyPump®

thursday

- 10am – 10.30amShape and Sculpt (new!)
- 5.30pm – 6pmAb Workout (new!)
- 6pm – 7pmBodyStep®
- 6pm – 7pmGym Challenge (new!)
- 6pm – 7pmBootcamp
- 7pm – 8pmBodyBalance®

friday

- 9.15am – 10amBodyStep®
- 9.45am – 10.15amSpinning
- 10am – 10.45amBodyBalance®
- 5.45pm – 6.30pmSpinning
- 6pm – 6.30pmMixed Boxing Circuit
- 6pm – 6.30pmBoxing
- 6.30pm – 7pmAb Blast
- 7pm – 7.30pmLadies Only Boxing Circuit
- 7pm – 8pmGym Circuit

saturday

- 10am – 11amWeekend Workout

sunday

- 10am – 11amBodyPump®
- 11am – 12pmGym Challenge

please arrive at classes 5 minutes before the start to avoid disappointment

We endeavour to run every class on the timetable. However, due to unforeseen circumstances it is sometimes necessary to cancel classes. In the event of cancellation we will make every effort to contact all customers who have made bookings. In the event of sustained poor class attendance we reserve the right to make changes to, or cancel any class.